**Purity in Relationships**

1. **What does research reveal - Five facts about sex!**

1. Those who abstain from sexual intercourse before marriage report the highest levels of sexual satisfaction in marriage.

2. Those who cohabitate (live together) before marriage have a 50% higher divorce rate than those who do not.

3. Those who abstain from sexual intercourse before marriage have the highest rates of fidelity in marriage.

4. The introduction of sex in a dating relationship almost always ushers in the “break-up” of that relationship.

5. Sexually transmitted diseases (including AIDS) can remain dormant for up to a decade or more; but be passed on to others during that time.

1. **What does the Word say?**

Gen:1:31

God saw all that he had made, and it was very good. And there was evening, and there was morning--the sixth day.

Gen. 2:18

The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him."

[**Genesis 2:24**](https://www.biblegateway.com/passage/?search=Genesis+2%3A24&version=ESV)

That is why a man leaves his father and mother and is united to his wife, and they become one flesh

[**Proverbs 5:15-19**](https://www.biblegateway.com/passage/?search=Proverbs+5%3A15-19&version=ESV)

Drink water from your own cistern, flowing water from your own well. Should your springs be scattered abroad, streams of water in the streets? Let them be for yourself alone, and not for strangers with you. Let your fountain be blessed, and rejoice in the wife of your youth, a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love.

[**Hebrews 13:4**](https://www.biblegateway.com/passage/?search=Hebrews+13%3A4&version=ESV)

Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.

1. **What does the Word say about sex outside marriage?**

**Ephesians 5:3**

**3**But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people

1Corinthians 6:18

Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.

Matthew 5:27-29

**27**You have heard that it was said, ‘Do not commit adultery.’

**28**[But](https://biblehub.com/greek/1161.htm) [I](https://biblehub.com/greek/1473.htm) [tell](https://biblehub.com/greek/3004.htm) [you](https://biblehub.com/greek/4771.htm) [that](https://biblehub.com/greek/3754.htm) [anyone](https://biblehub.com/greek/3956.htm) [who looks at](https://biblehub.com/greek/991.htm) [a woman](https://biblehub.com/greek/1135.htm) [to](https://biblehub.com/greek/4314.htm) [lust after](https://biblehub.com/greek/1937.htm) [her](https://biblehub.com/greek/846.htm) [has already](https://biblehub.com/greek/2235.htm) [committed adultery with](https://biblehub.com/greek/3431.htm) [her](https://biblehub.com/greek/846.htm) [in](https://biblehub.com/greek/1722.htm) [his](https://biblehub.com/greek/846.htm) [heart.](https://biblehub.com/greek/2588.htm) **29**If your right eye causes you to sin, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

1 Corinthians 6:9

Or do you not know that wrongdoers will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor men who have sex with men

1. **How to Be Sexually Pure in a Sex** **Saturated World –**
2. Get connected with God

John 17:3

Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sen

John 3:36

Whoever believes in the Son has eternal life, but whoever rejects the Son will not see life, for God's wrath remains on them.

1John 5:5

[**5**](https://biblehub.com/1_john/5-5.htm)Who is the one who overcomes the world, but he who believes that Jesus is the Son of God?

1. Build convictions based on God’s Word

Ezra 7:10

For Ezra had devoted himself to the study and observance of the Law of the LORD, and to teaching its decrees and laws in Israel.

Daniel 1:8

But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way.  
Joseph – Lived by convictions and not by convictions

1. Remind yourself about the consequences
2. The judgment of God

Hebrews 13:4

Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.

1. Guilt and Psychological and emotional distress
2. Sexually transmitted diseases
3. The danger of pregnancy
4. You lose your Christian testimony
5. Draw you confines

Proverbs 25:28Like a city whose walls are broken through is a person who lacks self-control

Where you meet, how much time you spend, what you talk and how you behave.

1. Have a confidante

A mentor a friend who will ask tough questions about your relationship and purity

Moses and Joshua , Paul and Timothy

1. **What if I failed**

**1 Corinthians 6:9-11,**

…**9**Do you not know that the wicked will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral, nor idolaters, nor adulterers, nor men who submit to or perform homosexual acts, **10**[nor](https://biblehub.com/greek/3777.htm) [thieves,](https://biblehub.com/greek/2812.htm) [nor](https://biblehub.com/greek/3777.htm) [the greedy,](https://biblehub.com/greek/4123.htm) [nor](https://biblehub.com/greek/3756.htm) [drunkards,](https://biblehub.com/greek/3183.htm" \o "3183: methysoi (N-NMP) -- A drunkard. From methuo; tipsy, i.e. a sot.)[nor](https://biblehub.com/greek/3756.htm) [verbal abusers,](https://biblehub.com/greek/3060.htm) [nor](https://biblehub.com/greek/3756.htm) [swindlers,](https://biblehub.com/greek/727.htm) [will inherit](https://biblehub.com/greek/2816.htm) [the kingdom](https://biblehub.com/greek/932.htm) [of God.](https://biblehub.com/greek/2316.htm) **11**And that is what some of you were. But you were washed, you were sanctified, you were justified, in the name of the Lord Jesus Christ and by the Spirit of our God.

**1 John 1:9**

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.  
**Proverbs 24:16**

For though the righteous fall seven times, they rise again, but the wicked stumble when calamity strikes.

**David**

**The Samaritan women**

**St. Augustine**